

# Meg's Cafe



## Omelets & Eggs

served with field green salad & choice of toast

Eggwhite +1.50

fresh fruit +2.50

### Park Ave

spinach, bacon, caramelized onion & goat cheese 16

### Mediterranean

grape tomatoes, olives, spinach & feta 16

### Build Your Own

Choice of 3:

red pepper, spinach, mushroom, tomato, bacon, caramelized onion, broccoli, green onion, goat, mozzarella or cheddar cheese 16

### Egg White Frittata <sup>GF</sup>

with mushroom, red peppers, spinach & potatoes 15

### Quiche of the Day

our savory quiche filled with chef's favorite vegetables ask your servers for today's picks. 15

### Eggs your Way

two eggs any style

served with nitrate-free bacon 16

**Substitute Tenderloin of Beef +6.50**

## Sandwiches

served with field green salad or kettle chips

fresh fruit +2.50

### BLTA

nitrate-free bacon, tomato, lettuce, avocado & mayonnaise 17

**Add Turkey \$2.00**

### Cafe Salad Sandwich

Choice of:

Tuna Salad,

Curried Chicken Salad

Chicken Salad 16

### Black Angus Burger

lettuce, tomato, grilled onion & pickle 19

**Add Bacon, Cheese or Avocado \$1.50**

### Atlantic Salmon Burger

salmon, spinach-feta patty with lettuce, grilled onion, cucumbers & cucumber dill sauce 21

### Turkey Brie Panini

granny smith apples & apricot preserve 17

### Roasted Vegetable Panini

roasted zucchini, red peppers, mushrooms, onion with pesto 17

## House Specialties

### Maryland Crabcakes

with mustard aioli 20

### Homemade Chicken Pot Pie

19

### Lemon Chicken Picatta

with lemon-caper beurre blanc 28

## Brunch Favorites

### Traditional French Toast

served with maple syrup & butter 14

### Smoked Salmon Platter

with cucumber, tomatoes, capers, onions, toasted bagel & cream cheese 18

### Avocado Toast

with grape tomatoes, feta, green onions, lemon & red pepper flakes 13

**Add Egg +2**

## Salads

### ADD

Grilled Chicken + 6

4 oz Salmon + 10

Grilled Shrimp +12

### Figgy Green

spring mix, figs, apples, bacon, avocado, caramelized walnuts & bleu cheese 17

### Chopped

romaine, red pepper, cucumber, broccoli, artichoke, green onion, tomato, avocado & goat cheese 15

### California Cobb

romaine, nitrate-free bacon, hard boiled egg, tomato, grilled chicken, avocado & goat cheese 17

### Chicken Milanese

spring mix with red onion, grape tomatoes & vinaigrette 18

### Sesame Asian

mixed green, tomato, cucumber, red peppers, mandarin oranges, green onions, sesame seeds & almonds 15

### Cafe Salad

mixed greens with seasonal vegetables

Choice of: Tuna Salad, Curried Chicken Salad or Chicken Salad 16

### Half Salad & Soup

Choice of:

California Cobb, Chopped or Figgy Green 18

### Roasted Beet

spring mix with walnuts, onion & goat cheese 16

## Side Dishes

### Nitrate Free Bacon

2 slices 4.75

### Fruit Cup

4

### Toast

whole wheat or sourdough 1.75

***Check out our seasonal baked goods & specials at our counter***

## KID'S MENU

GRILLED CHEESE. . . . . 10

with kettle chips

BUTTERED NOODLES. . . . . 9.50

with parmesan cheese & fruit

MAC N CHEESE. . . . . 9.50

with fruit

SCRAMBLED EGGS. . . . . 10

with bacon & fruit

## KID'S BEVERAGES

MILK. . . . . 3

CHOCOLATE MILK. . . . . 3

LEMONADE. . . . . 3

SHIRLEY TEMPLE. . . . . 3

ORANGE JUICE. . . . . 4

APPLE JUICE. . . . . 4